St. Theresa's Catholic High School



Hockey Canada Skills Academy

CHALLENGE, LEARN, IMPROVE

- 3 hours of on ice training per week plus dryland training & skills testing
- Elite level coaching from certified instructors—Cullen Fay & Shaun Laurin
- Jersey, off-ice wear (shorts and shirt) are included in the cost
- Insurance provided through Hockey Canada
- Regular Phys. Ed. class activities combined with other classes
- Field trip & tournament vs. other programs
- State-of-the-art training aids











All students are chosen through our application process. Students need to demonstrate a high degree of responsibility and a strong work ethic, as well as commitment to excellence on and off the ice. Students need to complete an application outlining their hockey playing experience and other pertinent information. Depending on the number of applicants, students may have to be interviewed in order to finalize the participants. St. Theresa's reserves the right to choose the participants in conjunction with the Equity Policy of this program.